

Bottletop - Mind, body and Soul - 12

Bottletop asked groups of young people some questions about their views, experiences and habits of drinking alcohol. Called Mind, Body and Soul the following answers represent an honest account. Please note that we do not necessarily agree with all or any of these responses and you should make yourself aware of the legal, health, safety and social consequences of consuming alcohol.

Visit www.drinkaware.co.uk for more information.

Are you a girl or a boy?

Girl

How old are you?

17

What do you do?

I'm at college studying Health and Social Care and working as a Chamber Maid.

How healthy are you? Where is your 'head at'?

I'm quite healthy; I do exercise regularly and eat healthily.

Are you happy?

Yes

What is your attitude to drinking alcohol?

It doesn't bother me, if you want to drink alcohol, drink it.

If you drink alcohol how much do you drink?

I don't drink regularly but when I do I drink quite a bit.

What is your favourite tippie? (no trade names)

Vodka & Coke, Lager.

When do you drink?



When I go out

What makes you drink?

Because I know I'm likely to have a better time drunk.

Do you worry that your drinking habits may harm your body, mind or soul?

No

Give an example of when you had a good experience of drinking

When me and my friend had a joint 16th birthday party, we all got drunk but no-one argued or got in a too bad a state.

Give an example of when you had a bad experience of drinking

When my friend got too drunk and she had to go to hospital and get her stomach pumped.

What do others think about your drinking habits?

They don't worry because I don't really have a drinking habit.

Do you need to drink less, if so why?

No

