

## Bottletop - Mind, body and Soul - 07

*Are you a girl or a boy?*

Boy

*How old are you?*

18

*What do you do?*

I am an Art College Student.

*How healthy are you?*

I am quite healthy .

*Where is your 'head at'?*

I'm not sure where my head is though.

*Are you happy?*

I am happy – pretty much.

*What is your attitude to drinking alcohol?*

I don't mind alcohol – it's OK to drink it to have a good time but I don't see the point in getting so drunk you pass out. However, at the same time if that is what you want to do, then go for it – it's up to you at the end of the day.

*If you drink alcohol how much do you drink?*

How much alcohol I drink depends on how I'm feeling, what I've got to do the next day (ie. Getting up early) and how much it'll cost.

*What is your favourite tippie? (no trade names)*

I'm a cider man personally.



*When do you drink?*

In the evenings, just a can or two, or at parties or gatherings.

*What makes you drink?*

I sometimes drink because I like the taste of drink (cider), but at parties and things I suppose I drink to have a good time. However, I don't like the thought that I have to drink to have a good time though and therefore don't always drink.

*Do you worry that your drinking habits may harm your body, mind or soul?*

Sometimes I think drinking habits may harm the body, mind and soul if you come to rely on it.

*Give an example of when you had a good experience of drinking*

I have had quite a few good experiences when drinking alcohol – mostly ones which don't involve me throwing up at the end of the night (or early morning). I think that the key is to know your limits, drink enough so that you have a great time but there is no need to make yourself ill.

*Give an example of when you had a bad experience of drinking*

My worst experience of drinking would be at New Year when I was throwing up as everyone else was counting down to New Year – wasn't good.

*What do others think about your drinking habits?*

According to my friends my drinking habits are completely reasonable – drink when I feel like it and drink however much I feel appropriate.

*Do you need to drink less, if so why?*

I don't feel I really need to drink less – I don't see my drinking as a problem.

