

Bottletop - Mind, body and Soul - 04

Bottletop asked groups of young people some questions about their views, experiences and habits of drinking alcohol. Called Mind, Body and Soul the following answers represent an honest account. Please note that we do not necessarily agree with all or any of these responses and you should make yourself aware of the legal, health, safety and social consequences of consuming alcohol.

Visit www.drinkaware.co.uk for more information.

Are you a girl or a boy?

Girl

How old are you?

17

What do you do?

Performing Arts.

How healthy are you?

Not very I don't think.

Where is your 'head at'?

Don't really know where my head is, mainly on my shoulders!

Are you happy?

Suppose so mostly.

What is your attitude to drinking alcohol?

I don't know, people drink for fun! If I want to drink I will. If I don't, I won't. I don't drink on my own obviously. I just like to have a laugh with my mates.

If you drink alcohol how much do you drink?

It all depends on what I'm doing and where I am. If I'm going on a big night out I'll drink a lot but other times I won't. If I'm just at the pub or something.



What is your favourite tippie? (no trade names)

My favourite tippie is some form of cocktail possibly sex on the beach or archers & lemonade.. Yum

When do you drink?

On the weekend mostly but in the holidays in the week. Sometimes I don't really keep count.

What makes you drink?

It makes you have more fun socially and makes you giggle!

Do you worry that your drinking habits may harm your body, mind or soul?

No not really my body feels slightly out of it the morning after but that's all the fun. I think there is far too much hype about how bad alcohol is bad for you, it's not all that bad. Although if someone could find a hangover cure that would be nice. Work hangover is always amusing lol!

Give an example of when you had a good experience of drinking

All the time is a good experience! Just generally having fun with my mates.

Give an example of when you had a bad experience of drinking

Oooh bad experiences. Mmmm I try to forget these lol! I smashed a glass on a mate's head once , oh dear, he didn't mind much thought, he annoyed me so I beat him up, only done it once though I don't have many bad experiences, I'm a fairly happy drunk!

What do others think about your drinking habits?

My mates have same drinking habits as me. We don't talk about it, there's nothing to talk about.

Do you need to drink less, if so why?

No I don't need to drink less!! I hate this question.

